

Resources for the LGBTQ+ Community

NATIONAL LGBTQ+ Help Center

Call 888-843-4564 or go to www.glnh.org/. Providing free and confidential telephone and internet peer-counseling, information and local resources for lesbian, gay, bisexual, transgender and questioning callers throughout the united States.

Legal Services

Transformative
Justice Law Project of
Illinois (TJLP)

The Transformative Justice Law Project of Illinois (TJLP) is a collective of radical lawyers, activists, and community organizers founded in June of 2008 in response to the urgent need for holistic legal services for transgender and gender non-conforming people in Illinois who are targeted by the criminal legal system. TJLP's primary projects currently focus on identity documents and supporting transgender prisoners.

Program: Trans/gender Affirming Name Change Mobilization Unit

Location: 12th floor of the Daley Center (50w. Washington St. Chicago, IL 60602), room 1202

Availability: The last Friday of every month from 9:00AM—3:00PM

Contact information: Phone number: 312-558-1472 Email: namechange@tjlp.org

General website: <http://tjlp.org/services/name-change-mobilization/>

Example forms: <http://staging.tjlp.org/services/name-change-mobilization/>

The John Marshall Law School
Pro Bono Program and Clinic

The Pro Bono Clinic can help draft your petitions for a name change or assist with a gender marker change on official documents. They can help you waive any fees associated with court-ordered name change, if you qualify. If you have a hearing on your petition for a name change, they will appear in court with you.

Program: Name & Gender Marker Change Project Location: 300 S. State St, Chicago, IL 60604

Resources for the LGBTQ+ Community

	<p>Contact information: Phone number: 312-427-2737 ext. 477 Email: law-probono@uic.edu</p> <p>Website: https://uofi.app.box.com/s/geqpbnsix37bys83ysdthud325l8gsrv Name change checklist: https://uofi.app.box.com/s/t01kiuwd1er7rlbyx5njneufthni6a4v</p>
Trans Life Center	<p>Trans Life Center https://www.chicagohouse.org/translife-care 2229 S. Michigan Ave Suite 304, Chicago, IL 60616 773.248.5200 info@Chicagohouse.org</p> <p>Trans Life Center provides comprehensive programming and support to transgender individuals.</p>
Legal Services for LGBTQ+ Immigrants	<p>WHO WE CAN HELP</p> <ul style="list-style-type: none"> Asylum Seekers: If you were harmed or fear harm in your home country based on your sexual orientation, gender identity, or HIV positive status, you may be able to apply for protection in the United States. Bi-National Same Sex Couples: Now that the United States Supreme Court has declared the Defense of Marriage Act (DOMA) unconstitutional, United States citizens and permanent residents can sponsor their foreign national spouses for permanent residence in the United States. But even now, there are limitations to this process. Please read our FAQs. Survivors of Violent Crimes: If you have been the victim of a serious crime in the United States, and if you reported that crime to the police, you may be eligible for protection. LGBT Immigrant Detainees: If you or someone you know is detained by immigration, no matter where in the country the detention center is located, we can provide information and assistance to help the detained individual avoid deportation. Our Asylum Documentation Project will send any detained person a packet of information that he or she can submit to the immigration court in support of a request for asylum.

Resources for the LGBTQ+ Community

- Individuals Seeking Appeals: We also represent individuals who lost their cases before an immigration judge and are seeking help with an appeal to the Board of Immigration Appeals or to any of the United States Courts of Appeals. If you would like help with an appeal, please note that the process is very time sensitive. Therefore, the best way for you to request assistance is by phone or by sending your case materials to us by email.

(773)-672-6551

Wednesday-Friday: 10am-12pm

lgbtimmigrants@heartlandalliance.org

immigrantjustice.org/services/lgbtq-immigrants

WAUKEGAN

Name	Website/Phone Number/Hours
Transformative Justice Project of Illinois	<p>The Transformative Justice Law Project of Illinois (TJLP) is a collective of radical lawyers, activists, and community organizers founded in June of 2008 in response to the urgent need for holistic legal services for transgender and gender non-conforming people in Illinois who are targeted by the criminal legal system. TJLP's primary projects currently focus on identity documents and supporting transgender prisoners.</p> <p>Program: Trans/gender Affirming Name Change Mobilization Unit</p> <p>Location: 12th floor of the Daley Center (50w. Washington St. Chicago, IL 60602), room 1202</p> <p>Availability: The last Friday of every month from 9:00AM—3:00PM</p> <p>Contact information: Phone number: 312-558-1472 Email: namechange@tjlp.org</p> <p>General website: http://tjlp.org/services/name-change-mobilization/ Example forms: staging.tjlp.org/services/name-change-mobilization/</p>

EVANSTON

Resources for the LGBTQ+ Community

Name	Website/Phone Number/Hours
Transformative Justice Project of Illinois	<p>The Transformative Justice Law Project of Illinois (TJLP) is a collective of radical lawyers, activists, and community organizers founded in June of 2008 in response to the urgent need for holistic legal services for transgender and gender non-conforming people in Illinois who are targeted by the criminal legal system. TJLP's primary projects currently focus on identity documents and supporting transgender prisoners.</p> <p>Program: Trans/gender Affirming Name Change Mobilization Unit</p> <p>Location: 12th floor of the Daley Center (50w. Washington St. Chicago, IL 60602), room 1202</p> <p>Availability: The last Friday of every month from 9:00AM—3:00PM</p> <p>Contact information: Phone number: 312-558-1472 Email: namechange@tjlp.org</p> <p>General website: http://tjlp.org/services/name-change-mobilization/ Example forms: staging.tjlp.org/services/name-change-mobilization/</p>
Vocal Coaching	
CHICAGO	
Name	Website/Phone Number/Hours
Lurie Children's Speech Therapy Program	<p>312.227.6320</p> <p>speechdepartment@luriechildrens.org</p> <p>Specifically request a Gender Program Voice Evaluation</p>
Diane Robinson Chicago Voice Center	<p>1263 W. Granville Avenue #3</p> <p>Chicago, IL ,60660</p> <p>773.853.8228</p> <p>www.Chicagovoicecenter.com</p> <p>diane@chicagovoicecenter.com</p>

Resources for the LGBTQ+ Community

Kate DeVore, M.A., CCC-SLP Total Voice, Inc.	Voice · Speech · Healing Arts Chicago, IL 773.750.2030 www.TotalVoice.net Kate@TotalVoice.net
The Voice Lab, Inc.	2123 W Irving Park Rd. Chicago, IL 60618 (773)-360-8507 https://thevoicelabinc.com/speech/teacher-trainings/
EVANSTON	
Name	Website/Phone Number/Hours
Nathan Waller- Northwestern Medicine MS in Speech, Language, and Learning	Frances Searle Building 2240 Campus Drive Evanston, IL 60208 ms-sll@northwestern.edu 847.491.5073
Support Groups/Mentorship	
CHICAGO	
Name	Website/Phone Number/Hours
TransMentor – One-on-One Mentoring Program Lurie Children’s Hospital	Housed within Lurie Children’s Gender & Sex Development Program, the TransMentor Program pairs transgender, gender non-binary, gender expansive and gender questioning youth ages 12-20 with trans and gender expansive adults. We are dedicated to cultivating the self-acceptance, leadership, and community connections necessary for trans and gender expansive youth to thrive and realize their goals. TransMentor uses a youth-centric approach that focuses on the needs of mentees, designing the program around their goals and crafting mentor trainings and support to meet their unique needs.

Resources for the LGBTQ+ Community

	<p>(800)-543-7362</p> <p>www.luriechildrens.org/en/specialties-conditions/transmentor-program/</p>
Virtual Groups for Gender-Expansive Youth and Guardians	<p>The Gender & Sex Development Program at Lurie Children's Hospital hosts social groups for gender-expansive youth, as well as groups for the guardians of gender-expansive youth. These groups are currently being held virtually via Zoom. Register at luriechildrens2.formstack.com/forms/virtual_groups_for_gender_expansive_youth_and_guardians</p> <ul style="list-style-type: none"> • Play YOUTH Group (ages 2-9): 3rd Saturday of every month at 10:00 a.m. to 12:00 p.m. • Pre-Teen YOUTH Group (ages 10-12): 3rd Saturday of every month at 1:00 p.m. to 3:00 p.m. • Play + Pre-Teen GUARDIAN Group: 3rd Tuesday of every month at 6:00 p.m. to 8:00 p.m. • Teen YOUTH Group (ages 13-18): 3rd Thursday of every month at 4:00 p.m. to 5:00 p.m. • Teen GUARDIAN Group: 3rd Thursday of every month at 5:00 p.m. to 6:00 p.m. • Be Strong (ages 13-18): Please note the Be Strong group is currently on hold due to COVID 19. <p>For more information contact Logan Pierce (He/Him/His) Program Assistant, Gender & Sex Development Program at LMPierce@luriechildrens.org or 312.227.7807</p>
ParentWISE – for parents of gender-diverse children	<p>ParentWISE offers an opportunity for parents/caregivers from the program to connect with a trained volunteer who has first-hand experience in parenting a gender-diverse or transgender child.</p> <p>parentwise@luriechildrens.org</p> <p>(312)-227-3280</p> <p>https://www.luriechildrens.org/en/patients-visitors/resources-support-services-for-families/parentwise/</p>
Brave Space Alliance Mutual Aid Programs	<p><u>Sex Worker Safety Group</u> - Our Sex Worker Mutual Aid and Advocacy Group pursues a harm reduction and HIV prevention strategy, allowing participants to share skills related to safety, condom use, reducing one's HIV risk, knowing one's rights, and support for community members who want to exit sex work.</p>

Resources for the LGBTQ+ Community

	<p><u>Financial and Housing Stability Group</u> - BSA's Housing Insecurity Mutual Aid Group builds on our successful Homelessness Prevention counseling to link participants with safe and stable housing.</p> <p><u>Food Insecurity Group</u> - BSA is partnering with Chi City Foods LLC, which builds fresh produce networks in urban food deserts, to teach participants how to access existing food networks or create new ones, and to teach participants healthy cooking skills, so that we can address health and food insecurity in our community. We are currently seeking program participants for each mutual aid program group. If you are interested and would like to sign up please complete this form.</p> <p>For more information about our Mutual Aid Program please send all inquiries to our Program Coordinator, Taty. https://bravespacealliance.org/programs/mutual-aid/</p>
Brave Space Alliance: Support Groups	<p>Rose Petals: Trans Women/Feminine Support Group</p> <p>Brave Space Alliance's Trans Women and Trans Feminine Support Group is a social support group for trans women, trans feminine people, AMAB people, and those that are questioning. This support group is a space for finding community and friendship with people who identify as you. This space is body-positive, LGBTQ-friendly, and welcoming to people of all genders and gender expressions. Sexism, homophobia, and gender policing will not be tolerated. The group will take place on the first Monday of each month from 7 pm to 9 pm.</p> <p>Boi Talk: Trans Men/Masculine Support Group</p> <p>Brave Space Alliance's Trans Men and Trans Masculine Support Group is a social group for trans men, trans masculine people, AFAB people, and those that are questioning. This support group is a space for finding community and friendship with people who identify as you. This space is body-positive, LGBTQ-friendly, and welcoming to people of all genders and gender expressions. Sexism, homophobia, and gender policing will not be tolerated. The group will take place on the second Monday of each month from 7 pm to 9 pm.</p> <p>Fluid AF: Non-Binary Support Group</p> <p>Brave Space Alliance's Non-Binary Support Group is a social support group for non-binary, gender-queer, gender-fluid, other individuals who identify outside of the gender binary and those that are questioning. This support</p>

Resources for the LGBTQ+ Community

	<p>group is a space for finding community and friendship with people who identify as you. This space is body-positive, LGBTQ-friendly, and welcoming to people of all genders and gender expressions. Sexism, homophobia, and gender policing will not be tolerated. The group will take place on the third Monday and first Wednesday of each month from 7 pm to 9 pm.</p> <p>Queery: Questioning Support Group</p> <p>This is a support group for individuals who are questioning their gender or sexuality and are looking for a space to discover themselves. This support group is a space for finding community and friendship with people who identify as you. This space is body-positive, LGBTQ-friendly, and welcoming to people of all genders and gender expressions. Sexism, homophobia, and gender policing will not be tolerated. The group will take place on the second and last Wednesday of each month from 7pm to 9pm.</p>
Center on Halsted – Groups for Parents and LGBTQ+ identifying persons	<p>The Center on Halsted offers a variety of support groups that can be found at www.centeronhalsted.org/C&C.html</p> <p>3656 N Halstead Chicago, IL 60613 (773)-472-6469 Every day 8am-9pm</p>
Broadway Youth Center at The Lot	<p>1023 W. Irving Park Rd, Chicago, IL 60613 Monday, Tuesday, Thursday, Friday 9 a.m. – 7 p.m. Wednesday 1pm-7pm</p> <p>We've expanded our drop-in services to a new location! Youth ages 12 – 24 can access services and resources such as:</p> <ul style="list-style-type: none"> • Drop-in services: hot meals, hygiene kits, snack packs, showers and laundry – Available 9 – 11:30 a.m. • Healing specialists, mental health advocates, and nursing • Resource advocacy, housing assistance, bus cards, and other programming services • Groceries and other household supplies

Resources for the LGBTQ+ Community

	<ul style="list-style-type: none"> Clothing, masks, and hand sanitizers
The V.O.I.C.E.S. Project: Triple S – Southside Safe Space	2747 W. 79th. Tuesday and Thursday Noon – 7 p.m. <i>A safe space for transgender and gender nonconforming people ages 12-29 to meet, eat, dance, discuss, and build community.</i> <ul style="list-style-type: none"> Hot meal pick-ups Gift cards for groceries Basic hygiene kits Masks and hand sanitizer Resource advocacy Email VOICES@howardbrown.org for more information.
WAUKEGAN	
Name	Website/Phone Number/Hours
LGBTQ+ Center Lake County	<p>The LGBTQ+ Center Lake County is an open and affirming environment for people of all sexual orientations and gender identities. We provide support, education, resources, and advocacy to achieve a stronger and healthier world for LGBTQIA+ people and allies. With collaborative networking in Northern Illinois we will empower our community to provide a safe space to support and celebrate LGBTQ+ Pride, diversity, equity, visibility and community building.</p> <p>Address Waukegan, Illinois, 60087 United States</p> <p>Website: https://lgbtqlc.com/ (224)-419-4095 info@lgbtqlc.com</p>

Resources for the LGBTQ+ Community

Education/Job Readiness for LGBTQ+	
CHICAGO	
Name	Website/Phone Number/Hours
GED Programming at Center on Halsted	<p>Center on Halsted is proud to offer on-site GED programming to help LGBTQ individuals and allies to continue their education and to seek better job placement opportunities. The GED program is a comprehensive community learning course in collaboration between Center on Halsted and Truman Community College. Students and teachers meet twice a week to prepare for the GED test. GED program participants have the advantages and ease of continuing as a Truman College student upon passing the GED test. Enrollment and assessment is necessary for the GED program. Tutoring is available.</p> <p>Interested? Contact GED@centeronhalsted.org.</p> <p>https://www.centeronhalsted.org/c&C.html</p>
Culinary Arts and Job Readiness	<p>Center on Halsted's Silver Fork Program is a nine-week vocational training program for LGBTQ and allied adults who are unemployed or underemployed. Participants receive hands-on training from local chefs in the culinary arts, including cooking, knife handling, sanitation, and etiquette. Graduates receive two certificates and receive job placement assistance. For more information and to apply, please visit www.centeronhalsted.org/silverfork.html.</p>
Career Development Workshops	<p>Through corporate partnerships, Center on Halsted is able to provide career development workshops and trainings to assist individuals in the job market. Topics and skills covered include things such as résumé building, networking, job searches, and interviewing skills. Check the Calendar for upcoming workshops at www.centeronhalsted.org/neweventsall.cfm.</p>
Classes for Cyber Literacy	<p>The Cyber Center offers a number of beginner and intermediate level courses to help you strengthen your computer knowledge or build specific skills using programs like Microsoft Office, Google SketchUp and more.</p> <p>Go to www.centeronhalsted.org/Cyber-Center-Hours.pdf for full descriptions of our classes</p>

Resources for the LGBTQ+ Community

	<p>The Cyber Center also offers specific technology workshops each month covering a variety of topics and skills. These workshops are focused on a specific and more advanced topic like social networking, specialized software, and/ or computer hardware. Go to https://www.centeronhalsted.org/Cyber-Center-Hours.pdf for the calendar of events and more information about upcoming workshops.</p>
Job Club	<p>Need help drafting a resume or doing online job searching? We can help. Our team of staff and volunteers host the Cyber Center Job Club several times each week to help you build skills and techniques to better compete in the job market. This club is your opportunity for one-on-one assistance to create the right résumé, fine-tune your interview skills, or hone your online job search. The Job Club is free and open to the public. Check our calendar at www.centeronhalsted.org/Cyber-Center-Hours.pdf for the next Job Club or contact us at the number below.</p>
Brave Space Alliance Employment Justice Program	<p>Get connected to employment opportunities and FREE HIV testing and care today!</p> <p>BSA's Employment Justice Program is a mutual aid and public health program that works to align trans people with jobs and opportunities in union/protected and affirming workplaces all over Chicago while focusing on HIV prevention and education as a tool for self-empowerment and self-advocacy. This program will work directly with trans people, and partner organizations, to fight back against the employment discrimination and systematic un/underemployment that is widespread in our community while also connecting them to HIV preventative resources and care.</p> <p>Through this program, community members will be connected to the following:</p> <ul style="list-style-type: none"> • Assistance with obtaining and maintaining jobs • Basic job skills training and life skills development • Access to FREE HIV testing • Assistance with signing up for Medicaid and more!!! • <p>During this 8-month program, participants will receive basic job skills training and will receive life skills needed to obtain and maintain employment on a weekly basis. Please note, program participants can and will be employed throughout the duration of the 8-month training period and will consistently receive additional resources along the way.</p>

Resources for the LGBTQ+ Community

	<p>Sign Up Today!</p> <p>https://bravespacealliance.org/programs/job-board/</p>
SAGEWorks employment program for 40+ LGBTQ+ individuals	<p>The Senior Program of Center on Halsted is proud to participate in the SAGEWorks employment program. The SAGEWorks program is a work readiness program for lesbian, gay, bisexual and transgender mature workers (40+) who need or want to return to the work place. Components of the 8-week program include computer classes, résumé and interviewing workshops, and information about job opportunities. SAGEWorks is made possible through the generous support of the Wal-Mart Foundation.</p> <p>SAGEWorks will:</p> <ul style="list-style-type: none"> • Increase participants' technology and job skills to remain competitive in the modern work place • Help them gain a deeper knowledge and understanding of job search strategies as well as community-based employment resources • Assist them in increasing their income, thereby improving their financial security and resources <p>To learn more about SAGEWorks and how it can help you, please attend our next orientation session. Contact Todd Williams, Senior Services Manager, at 773.472.6469 EXT 426 or toddwilliams@centeronhalsted.org to learn more.</p>
WAUKEGAN	
Name	Website/Phone Number/Hours
LGBTQ+ Center Lake County	<p>The LGBTQ+ Center Lake County is an open and affirming environment for people of all sexual orientations and gender identities. We provide support, education, resources, and advocacy to achieve a stronger and healthier world for LGBTQIA+ people and allies. With collaborative networking in Northern Illinois we will empower our community to provide a safe space to support and celebrate LGBTQ+ Pride, diversity, equity, visibility and community building.</p> <p>Address: Waukegan, Illinois, 60087 United States</p> <p>Website: https://lgbtqlc.com/ (224)-419-4095 info@lgbtqlc.com</p>

Resources for the LGBTQ+ Community

Housing	
CHICAGO	
Name	Website/Phone Number/Hours
Center on Halsted's Youth Housing Initiative	<p>Center on Halsted 3656 N Halsted Chicago, IL 60613</p> <p>https://www.centeronhalsted.org/youthhousing.html</p> <p>Ask to be involved in the Center on Halsted Youth Program</p> <p>Requirements:</p> <ul style="list-style-type: none"> • LGBTQ+ youth • aged 18 to 24 • experiencing homelessness or housing instability • experience(s) of violence • enrolled and active in the Center on Halsted Youth Program
Homesharing Program at Center on Halsted	<p>Homesharing is a housing program that facilitates compatible matching between a renter and home provider. Center on Halsted, which offers this service free of charge, helps match potential applicants with each other, thoroughly screens all applicants through reference and background checks, and provides ongoing support to the homesharing matches. Homesharing is an affordable housing option for renters while offering providers extra income and assistance to age in place.</p> <p>What are the benefits of Homesharing?</p> <p>FINANCIAL SAVINGS Homesharing Providers earn additional income and Homesharing Renters receive affordable housing in a desirable home setting.</p> <p>COMPANIONSHIP Homesharing can reduce loneliness, connect participants to the LGBTQ community and help foster new friendships.</p> <p>SAFETY AND SECURITY Participants can have peace of mind knowing that all Homesharing Providers and Renters have undergone a rigorous screening process.</p> <p>What does Homesharing require?</p> <p>HOMESHARING PROVIDERS</p>

Resources for the LGBTQ+ Community

	<p>Must have a minimum of two bedrooms in their home, condominium or apartment; Live in Chicago or the neighboring suburbs</p> <p>HOMESHARING RENTERS Have an income of at least \$950 per month; Are 18 years of age or older; Are willing to live with an older adult</p> <p>To apply for the Homesharing Program or to learn more contact:</p> <p>Britta Larson, Director of Senior Services. Phone: 773.472.6469 x 445 E-mail: homesharing@centeronhalsted.org</p> <p>https://www.centeronhalsted.org/homesharing.html</p>
Brave Space Alliance Housing Assistance	<p>If you are in need of emergency housing services and/or are currently experiencing a housing crisis please complete the Emergency Housing Intake Form.</p> <p>If you are in need of housing resources and assistance please complete our Housing Intake & Assessment Form and view our Housing Resource Directory. For more information on Housing Resources offered by BSA please contact our Housing Navigation Coordinator.</p>
Lucy Hicks Anderson Housing Support Brave Space Alliance	<p>If you are in need of emergency housing services and/or are currently experiencing a housing crisis please complete the emergency housing intake form https://bravespacealliance.org/resources/lucy-hicks-anderson-housing-support/</p>
Older LGBTQ+ Persons	
CHICAGO	
Name	Website/Phone Number/Hours
Meal Program— Let's do lunch!	<p>Center on Addison provides a boxed lunch to go for adults 60+ every Tuesday, Thursday, and Saturday in partnership with the City of Chicago. Through the Golden Diners program, boxed lunch can be picked up at Center on Addison located at 806 W. Addison St. It's not only food but also a great way to find out about other community programs. 10:30 am - 12:30 pm. https://www.centeronhalsted.org/senior.html</p>
SAGEWorks employment program for 40+ LGBTQ+ individuals	<p>The Senior Program of Center on Halsted is proud to participate in the SAGEWorks employment program. The SAGEWorks program is a work readiness program for lesbian, gay, bisexual and transgender mature workers (40+) who need or want to return to the work place. Components of the 8-week program include computer classes, résumé and interviewing workshops, and information about job</p>

Resources for the LGBTQ+ Community

	<p>opportunities. SAGEWorks is made possible through the generous support of the Wal-Mart Foundation.</p> <p>SAGEWorks will:</p> <ul style="list-style-type: none"> • Increase participants' technology and job skills to remain competitive in the modern work place • Help them gain a deeper knowledge and understanding of job search strategies as well as community-based employment resources • Assist them in increasing their income, thereby improving their financial security and resources <p>To learn more about SAGEWorks and how it can help you, please attend our next orientation session. Contact Todd Williams, Senior Services Manager, at 773.472.6469 EXT 426 or toddwilliams@centeronhalsted.org to learn more.</p>
Anti-Violence	
CHICAGO	
Name	Website/Phone Number/Hours
Immediate Assistance after Violence	<p>LGBTQ Violence Resource Line: 773.871.CARE (2273) or avp@centeronhalsted.org</p> <p>What Happens When You Call AVP for Assistance:</p> <ul style="list-style-type: none"> • First, rest assured that all calls are kept strictly confidential. And can be made anonymously. • We will guide you through a simple process of information gathering about the incident, and about yourself. • There are no requirements. You are allowed to share the level of information that is comfortable for you. You may even choose to report anonymously. • AVP will help you explore your options and potential courses of action as well as assist in developing a safety plan. • Keep in mind there is no requirement to make a police report; however, if you choose to make a police report, we can explain the procedure and provide in person support and advocacy throughout the process. • After your initial contact with AVP, we will still be there for you. We can assist and accompany you through all steps in the process. • With permission, we will add your report to our compilation of local and national statistics which are released each year. These reports do not contain any identifying information of any survivors, rather they are quantitative statistical reports to show the prevalence of violence facing LGBTQIA and HIV-affected communities. <p>https://www.centeronhalsted.org/avp.html</p>
Trauma-Focused Therapy	<p>AVP provides trauma-focused therapy (individual, group, and couples/relationship) to those who have experienced any type of violence including domestic and intimate partner violence, sexual violence, hate violence, and police violence or trauma. Therapy is focused on addressing current symptoms and/or concerns associated with experiencing violence. Symptoms of trauma may include (but are not limited to): avoidance behaviors, mood instability, difficulty in interpersonal relationships, thoughts of suicide or self-harm, flashbacks and/or nightmares, feelings of guilt or shame, and feeling jittery. Sometimes the pain still lingers. Our staff are licensed clinicians who are trained in evidence-based therapies for trauma, especially as it impacts LGBTQ individuals, families, partners, and communities.</p>

Resources for the LGBTQ+ Community

<p>We currently offer these trauma focused therapy groups:</p> <ul style="list-style-type: none"> - Dialectical Behavior Therapy (DBT) for Trauma for Survivors of Domestic Violence On-going group on Tuesdays from 3-5:00 pm, registration is required. - Dialectical Behavior Therapy (DBT) for Trauma for Survivors of Trauma On-going group on Thursdays from 3-5:00 pm, registration is required. - A group for individuals who have experienced violence and have difficulty managing intense emotions and engaging in successful relationships. Based on the four pillars of DBT—mindfulness, distress tolerance, emotion regulation, and interpersonal effectiveness, members learn a variety of skills to help deal with everyday and longstanding concerns. <p>To find out more information, contact avp@centeronhalsted.org or 773.871.2273 https://www.centeronhalsted.org/avp.html</p>	
Gender Affirming Resources	
CHICAGO	
Name	Website/Phone Number/Hours
Brave Space Alliance Makeup Room	<p>The Makeup Room is a trans-feminine affirming room open for BIPOC trans and queer folks and sex workers to pick up makeup for free! Masks are REQUIRED for entry. The Makeup Room is open every Monday and Friday from 10 AM-5 PM for pickups and drop-offs. Each person that comes to pick up is allowed to pick out 10 items per week and 1 eye shadow palette per person per month. All makeup is unused.</p> <p>Please contact our Mutual Aid Program Coordinator for all questions and concerns. https://bravespacealliance.org/resources/gender-affirming-resources/the-makeup-room/</p>
Brave Space Alliance: The Den	<p>The Den is a trans-masculine gender-affirming room open for BIPOC trans and queer folks and sex workers to pick up free items! Masks are REQUIRED for entry. The Den is open Wednesday -Friday from 10 AM-5 PM for pickups and drop-offs. All items are unused.</p> <p>Please contact our Mutual Aid Program Coordinator for all questions and concerns. https://bravespacealliance.org/resources/gender-affirming-resources/the-den/</p>
Point of Pride Free Binders	Binders can be requested at https://pointofpride.org/chest-binder-donations/
FTM Essentials	<p>This program is for persons under 24 who are in need of a free binder.</p> <p>https://www.ftm essentials.com/pages/ftme-free-youth-binder-program</p>

Resources for the LGBTQ+ Community

Point of Pride Free Gaff	Here is a link to apply for a free gaff. https://pointofpride.org/trans-femme-shapewear/
GC2B	This is a website where high quality binders can be purchased: https://www.gc2b.co/
Hair Removal Resources	
CHICAGO	
Name	Website/Phone Number/Hours
Enfuse Medical Spa	Address: 1645 W North Ave, Chicago, IL 60622 Phone: (773) 904-8310 Website: https://www.enfusemedspas.com/
Kelly, Inc. Hair Removal Kelly Morrissy, CPE	Address: 715 Lake St. Suite 300. Oak Park, Illinois Phone: (708) 386-4663 Website: https://www.izapem.com/ Takes limited insurance. Medical pricing discount for trans and non-binary individuals Serving the trans community since 1990. All staff trained to work with trans clients for GAS - both trans feminine and trans masculine people. Incredibly trans affirming staff and space.
Northwestern Plastic Surgery	Address: 675 N Saint Claire St, Galter Pavilion 19th floor Email: lauren.parente@nm.org Notes: Aesthetician Lauren Parente offers laser hair removal. Gender program patients receive 25% off laser hair removal pricing. https://northwesternplasticsurgery.com/minimally-invasive-procedures-chicago/laser-hair-removal/
Amy Rosofsky Electrolysis	Address: 30 N Michigan Ave #1122 Phone: 312.641.2766 Website: http://www.chicagoelectrologist.com/ Notes: Imri Ramsay Electrolysis is also available at the same location (https://www.irmiramsayelectrolysis.com/ , call at (312) 641-2766)
Precision Hair Removal	https://cirinespa.com // 773-766-1132

Resources for the LGBTQ+ Community

	<p>Ravenswood and Wilmette - Chicago</p> <p>Does not take insurance but has clear pricing packages for procedures Has extensive experience with transgender people (7+ years), two of staff are transgender; has both 'traditional' and 'large volume' electrolysis services</p>
Electrolysis by Frances	<p>https://electrofrannextgen.com / 773-253-8180</p> <p>10540 S Western Ave Suite 102, Chicago IL 60643</p> <p>\$125 per hour "intimate areas" / \$95 per hour "face and body"</p> <p>Experience working with transgender people</p>
Electrolysis 100% Permanent	<p>Electrolysis100permanent.com // 252-722-5006</p> <p>Lincoln Park, Chicago</p> <p>Does not take insurance but has clear pricing for procedures</p> <p>"Verified transgender friendly" on website</p>
Electrology and Skin Care by Janet	<p>847-804-0649 // electrologyandskincare.com</p> <p>Hawthorn Woods, IL</p> <p>Experience working with transgender people</p> <p>\$88 per hour plus \$20 COVID-19 fee</p>
It's Beauty and Beyond, Inc. – Marcia McCloud	<p>847-269-3792</p> <p>Elgin, IL</p> <p>Experience working with transgender people</p> <p>\$75 per hour</p>

Resources for the LGBTQ+ Community

Electrolysis by Colleen	<p>815-223-0975</p> <p>Peru IL</p> <p>Has worked with phalloplasty hair removal patient (unknown experience with trans women / bottom surgery hair removal)</p> <p>\$1 per minute, \$50 for an hour</p>
Dermatology and Aesthetics Skin 1765	<p>chicagoderm1765.com / 773-276-1100</p> <p>Wicker Park, Chicago</p> <p>Does take some insurance, call to clarify coverage</p> <p>Does work with transgender individuals. \$100 consultation fee to begin. Package pricing available.</p>
Hair Removal Services at Stroger Hospital — Dr. Albright	<p>312-864-2334</p> <p>West Loop, Chicago</p> <p>Friday afternoons only, new patients require registration</p> <p>Low / no cost</p> <p>Experience working with transgender individuals. Patients should be prepared to wait several hours for their appointments when at the clinic, even with scheduled appointments.</p>
Financial Support for Hair Removal: Point of Pride	<p>Point of Pride is a volunteer-run organization that works to support individuals seeking gender affirming procedures through their Electrolysis Financial Support Program. They support trans feminine individuals who are need of permanent hair removal services (electrolysis, laser hair removal) that they cannot otherwise afford or safely obtain. You can apply for the scholarship by going to their website and completing an application.</p> <p>https://www.pointofpride.org/electrolysis-support-fund</p>