



Centros de Salud **erie** Family Health Centers

Women's Health

- In Calendar Year 2017, Erie served approximately 26,500 adult female patients, providing clinical breast exams, pelvic exams and Pap tests as well as pre- and post-natal care for pregnant women.
- Erie's women's health programs are national leaders in the provision of high quality care. According to 2014 data from the U.S. Health Resources and Services Administration, (HRA), Erie ranks in the top quartile of community health centers in the country for:
 - Proportion of patients with access to prenatal care
 - Proportion of infant patients with low birth weight
 - Proportion of patients receiving cervical cancer screenings
 - Proportion of adolescent patients with weight screening and follow-up
 - Proportion of patients with colorectal cancer screenings
 - Proportion of patients receiving heart attack/stroke therapy
 - Proportion of patients whose blood pressure is within range
- Erie also provides group and health education programs to female patients such as:
 - The **La Vida Sana, La Vida Feliz** (Healthy Life, Happy Life) provides group education, individual support and goal-setting activities for Hispanic women at risk for diabetes. Since the program first started, La Vida Sana, La Vida Feliz has reached almost 1,900 women through bi-weekly sessions.

Erie's comprehensive Diabetes Control program serves over 4,100 diabetic patients annually through a number of programs: 1:1 education visits are available to all diabetic, gestational diabetic and prediabetic patients. Education visits are conducted by trained promotoras de salud and are patient-centered, relationship-based and integrated.

The Month by Month educational groups provide diabetes education as well as focus on the overall wellness of clients. The group enhances diabetes knowledge and improves self-management skills while also incorporating the importance of mental health and self-care behavior. In 2017, we served over 500 patients in group education.

- The **Centering Pregnancy** program transforms prenatal care from private one-on-one visits with a provider to longer group sessions which incorporate medical care, group education and peer support.
- The **Breast Cancer Support Group** is conducted in Spanish on a bi-monthly basis and allows participants to share personal experiences, provide emotional support and discuss topics such as treatment, nutrition and stress reduction.
- Erie conducts monthly **Breastfeeding Classes** at multiple health center locations that address topics such as breastfeeding benefits, techniques and challenges and offer strategies for balancing work and breastfeeding.



Centros de Salud **erie** Family Health Centers

Women's Health

- Erie provides **Case Management** services through the Chicago Family Case Management; Better Birth Outcomes and Women, Infants and Children (WIC) programs. Case management services are available to pregnant women, new moms, newborns and children up to age 5. Patients receive counseling, home visits, child safety education, age-appropriate developmental screening, breastfeeding consultation and nutrition services. In Fiscal Year 2017, Erie provided these services via more than 22,400 visits.
- Erie is a lead agency for the **Illinois Breast and Cervical Cancer Project (IBCCP)**, which offers mammography services and cervical cancer screening, along with case management support, to ensure that patients receive follow-up care and routine screening.

Continued on back